

THE COURIER

Pauline Sterne Wolff Center for Senior Services Newsletter

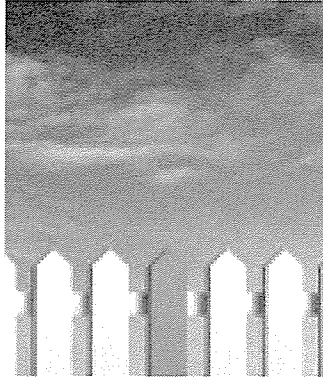
May 2012

EVENING BUS TRIP TO STAGES REPERTORY THEATER

Next to Normal

Wednesday, May 30
Bus departs the ERJCC at 6:30 PM.

Music by Tom Kitt, Book & Lyrics by
Brian Yorkey
Winner of the 2010 Pulitzer Prize for
Drama and the 2009 Tony Award for
Best Music and Lyrics



\$26 Member / \$31 Public

To RSVP contact Esther at 713-729-
3200 ext. 3258 or
ebethke@erjcchouston by May 16.

This explosive rock musical has taken the country by storm! In what critics call "a brave, breathtaking musical" (*The New York Times*) and "Grade A: agonizingly beautiful" (*Entertainment Weekly*), this daring show celebrates the modern family, shatters the myths of mental illness, and redefines what it means to be "normal" in an ever-changing, unknowable world.

SENIOR ART EXHIBIT & RECEPTION

You are invited to our...

Annual Senior Art Exhibition

Please join us in the

Deutser Art Gallery

To view the work of the
Students in the Adult Painting

and

Drawing Classes



Sunday, June 24

3:00 - 5:00 PM

**Light refreshments will be
served**

BOOK CLUB MEETING

Wednesday, May 2 • 12:45 PM

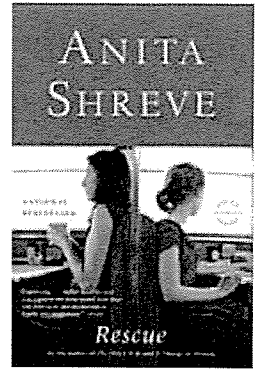
We will be discussing the book *Hotel on the Corner of Bitter and Sweet* by Jamie Ford.

Next month's book selection is *Rescue* by Anita Shreve.

Peter Webster is a rookie paramedic when he pulls a young woman out of a car wreck that should have killed her. Sheila Arsenault haunts his thoughts, and despite his misgivings Peter

is soon embroiled in an intense love affair--and in Sheila's troubled world. Eighteen years later, Sheila is long gone and Peter is raising their daughter, Rowan, alone. But Rowan is veering dangerously off course, and for the first time in their quiet life together Peter fears for her future. He seeks out the only person who may be able to help Rowan, although Sheila's return

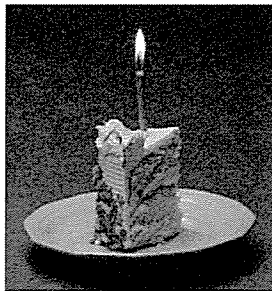
is sure to unleash all the questions he has carefully been keeping at bay.



The next Book Club Meeting will be on Wednesday, June 6 • 12:45 PM.

HAPPY BIRTHDAY!

To everyone who has a May Birthday!

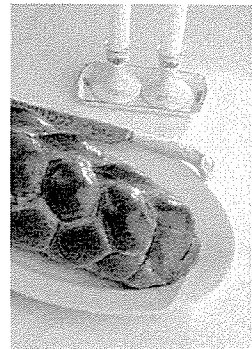


... and many more!

SHABBAT ZAHAV

Friday, May 25 • 6:00 PM

Elton and Janet Lipnick, David Lipnick, and Myles and Amy Kelman underwrite Shabbat Dinners in memory of Paul Lipnick, an active senior participant, so that other active adults can enjoy the traditional meal and meaningful service to usher in Shabbat. Paul Lipnick enjoyed dining with friends, and his family has chosen this special way to honor his memory.

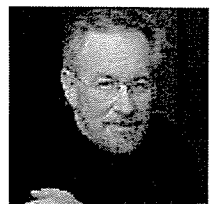


\$8m/\$10p \$1 more for fish
To RSVP contact Esther at 713-729-3200 ext. 3258 or ebethke@ercchouston.org. by April 25.

STEVEN SPIELBERG IN HISTORY

Thursday, May 24 • 7:30 p.m.

This lecture will explore how three Spielberg's films: *Schindler's List*, *Amistad*, and *Saving Private Ryan* can be used as a valuable window into modern history, and how these films changed the world's perception of the modern Jewish experience.



This lecture is part of the series *The Last Century that Shattered the World and Transformed the Jewish People*. Dr. Stephen Berk is the Henry and Sally Schaffer Chair in Holocaust and Jewish Studies at Union College in Schenectady, NY. Dr. Berk has published and lectured extensively on the intersection of Judaism and modernity, particularly in the fields of Holocaust Studies, anti-Semitism, the American Jewish experience, Soviet and Eastern European Jewry and Jewish/African-American relations. He has been a visiting professor at Williams College, Bennington College, and the State University of New York. \$10 ERJCC Member / \$15 Public (per lecture)

For more info contact Nomi at ext. 3288.

MAIMONIDES ON THE ISSUES OF OUR TIMES

Four Wednesdays beginning May 9

One of Judaism's greatest thinkers, Moses Maimonides, addressed the most pressing issues of his own times for Jews - many of which reflect concerns today. His life experience and writings included addressing the challenge of radical Islam, conversion, women's issues, anti-Semitism, interfaith relations, secular versus religious education, Jewish communal responsibility and medical ethics. We will explore these and other related topics in Maimonides' writings such as his Mishneh Torah, Guide for the Perplexed, various letters and other writings.

\$36 ERJCC Member / \$45 Public

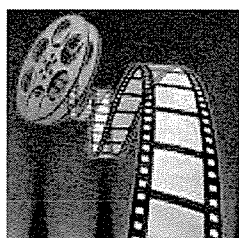
Instructor: Amy D. Goldstein holds a Masters in Jewish Cultural History specializing in Sephardic Jewry from the Jewish Theological Seminary, where she pursued her doctoral studies. From more than 20 years she applied this knowledge while working for such organization as Hadassah,

AIPAC, the Anti-Defamation League and B'nai B'rith international—all the while teaching about the history and culture of the Jewish people.

For more information or to register contact Naomi Barancik at nbarancik@erjccouston.org or 713-729-3200 ext. 3288.

SUMMER ISRAELI FILM SERIES

During the summer months the Houston Jewish Film Festival joins forces with the Consulate General of Israel to the Southwest to bring the Summer Israeli Film Series to Houston.



This Film Series showcases Israeli films that have completed the film festival circuit.

The June film screening will be on:

Wednesday, June 20 at 7:30 PM.

Stay tuned for further information.

JEWISH LEARNING WITH NOMI

Monday, May 21 at 12:15

Come have lunch and learn all about Shavuot which begins on Saturday, May 26 at sundown and ends on Monday, May 28.

Lunch is \$2.50 for ERJCC members only, but you may be our guest for \$5.00.

You must call Esther at ext. 3258 to RSVP.

CHATTING WITH MAC

Monday, May 7 and 21

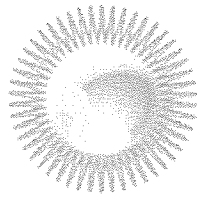
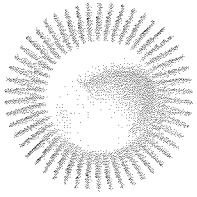
10:15 - 11:00 AM

Mac leads discussions on politics, learning about travel in foreign countries, or various Israeli issues.

Facilitator: Mac Katzin

For Members Only





Dialogues Summer in the City

Thursday, June 14, 2012

6:30 p.m. Wine Reception • 7:00 p.m. Dinner

Evelyn Rubenstein Jewish Community Center of Houston • 5601 S. Braeswood

Enjoy an evening of stimulating conversation
over dinner with Houston notables.

(Dinner and wine included)



Dr. Jennifer Arnold
*M.D., M.Sc. and Director of
TCH New Pediatric
Simulation Center
"Living Large - Think Big"*



**Arthur Schechter
& Fred Zeidman**
*Democratic Leader / Republican Leader
"Crossfire: Working It from Both Sides
of the Political Aisle"*



Brian I. Block
*Social Media Strategist
Pierpont Communications*

"You Will  this Guy"



Cleverley Stone
*Founder of Restaurant Week, Radio Host, Hous-
ton's Food, Wine & Restaurant Expert
"Reservations? Let's Talk"*



Judge Ed Emmett
*Harris County Judge
"Hunker Down with the Judge"*



Cressandra Thibodeaux
*Executive Director of 14 Pews, an Art Movie Venue
"From Real to Reel"*



Grant Goodman
*Child Actor
"Houston Script to
Hollywood Screen"*



Courtney Zubowski
*KHOU News Reporter
"What's New in the News"*



Janet Gurwitch
*Founder of Laura Mercier
"From Make-up to Wall Street"*

\$5,000 - Event sponsors/underwriters
\$800 - Eight tickets and table seating priority
\$600 - Six tickets and table seating priority
\$72 - Individual tickets



Matt Marcus
*Chef and Eatsie Boys Restaurateur and a Founder
of the 8th Wonder Brewery "Keep on Trucking
with Chef Marcus and the Houston Food Scene"*



Roz Pactor
*Fashion Diva
"What's Trending Today?"*

To make your reservation for this evening

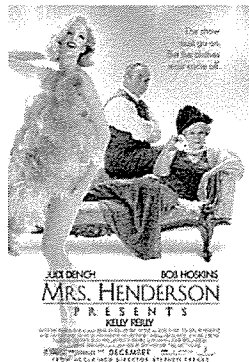
Contact Janey Finger at jfinger@erjcchouston.org or 713-729-3200 ext. 3209.



LUNCH AND MOVIE

Wednesday, May 16 • 12:45 PM

Mrs. Henderson Presents
Laura Henderson buys an old London theater and opens it up as the Windmill, a performance hall which goes down in history for, among other things, its all-nude revues.



Fee: The movie is free.

Lunch: \$2.50 ERJCC Member / \$5 Public

Contact Esther at 713-729-3200 or ebethke@erjccchouston to RSVP by Tuesday, May 15.

SHABBAT ZAHAV AT NOON

Friday, May 11 • 12:00 PM

Join us for a festive Shabbat meal at noon with prayer, song and a traditional Shabbat meal.

Elton and Janet Lipnick, David Lipnick, and Myles and Amy Kelman underwrite Shabbat Dinners in memory of Paul Lipnick, an active senior participant, so that other active adults can enjoy the traditional meal and meaningful service to usher in Shabbat.

Paul Lipnick enjoyed dining with friends, and his family has chosen this special way to honor his memory.

\$3.50 Member / \$6 Public

To RSVP contact Esther at 713-729-3200 ext. 3258 or ebethke@erjccchouston.org. by May 8.

ERJCC SENIOR LUNCH PROGRAM

Do you often eat lunch at home alone? The Evelyn Rubenstein Jewish Community Center of Houston has a wonderful Kosher Senior Lunch Program. You have the option of a hot meal or a sandwich. Soup is served with every meal.

What a great way to meet new people or catch up with your friends.

You must be a member in order to participate in this program.

The fee for lunch is \$2.50. You may come a few times as our guest for a \$5.00 fee.

Please contact Esther at 713-729-3200 ext. 3258 or ebethke@erjccchouston.org for more information or to make a reservation.

VOLUNTEERS NEEDED

Here are some volunteer opportunities available at the ERJCC:

To help deliver meals for Meals on Wheels contact Timothy Stewart at 713-729-3200 ext. 3251.

To help with our Annual Used Book Sale August 19 – 26 contact Esther Bethke at 713-729-3200 ext 3258.

For other volunteer opportunities please contact Mary Ann Kelley at 713-729-3200 ext. 3238.



NEW SPRING CLASS

SOAP MAKING 101

Discover the benefits and fun of making and using handmade soap. Not only can handmade soap be better for the skin, but it also allows the maker to be creative in the selection of ingredients, colors, fragrances and even shapes. Learn the basics of the craft through a step-by-step demonstration and discussion of necessary supplies and equipment. The technique demonstrated is known as "cold process," which includes lye and vegetable oils as basic ingredients. Students will take home a bar of soap.

Sunday, June 17 2:00-4:30PM

\$36 ERJCC Member / \$50 Public

The instructor will collect a \$12 materials fee.

NEW FACEBOOK CLASSES

BABY BOOMER BASIC 101 & 102

Trying to staying in touch with family beyond emails and phone calls? Do you feel like you are missing out on all of the pictures of the grandchildren? Would you like to share photos and video with family and friends? Begin with the basics of Facebook or maximize your use.

This class will review and include:

- Facts about Facebook
- How to create a Facebook Profile
- How to upload profile photo
- Adding basic information to profile
- Inviting new friends
- Accepting/Denying friend request
- Checking messages & updates
- Create and send post

NOTE: Bring your laptop to both classes

Thursdays, May 3, 10

7:00 - 9:00 PM

\$30 ERJCC Member / \$42 Public (two classes)

SPRING CLEANING?

Don't forget to donate your books for the ERJCC's Annual Used Book Sale

August 19 - 26, 2012



Now Accepting: Gently Used Books, CDs, Fiction, Non-Fiction, Mysteries, Travel, Adventure, Cookbooks, and Children's Books.

Books may be dropped off at the front desk. Donation receipts upon request.

For more information contact Esther Bethke at 713-729-3200 ext. 3258 or ebethke@erjcchouston.org.

BABY BOOMER BASIC 102

Already know the basics of Facebook? Join us for the just the second half of the basics class.

This class will include:

- How to locate friends & lost family
- Remove friends from account
- Set & interpret privacy setting
- How to block Farmville & other applications
- Upload video, picture & comments on other peoples pages

NOTE: Bring your laptop to class

Thursday, May 10

7:00 - 9:00 PM

\$16 ERJCC Member / \$22 Public (one class only)

Instructor: Tonya Hall is the CEO of The Web Para Network, a small Network Marketing & Social Media Management Company. Ms. Hall has partnered with some of the top MLM, Network & Internet Marketing Professionals around the country.

To register contact Esther at 713-729-3200 ext. 3258 or ebethke@erjcchouston.org .

WEEKLY ACTIVITIES AND CONTACT INFORMATION

Nurse's Hours

Mondays & Thursdays

10:00 - 11:00 AM

Janet Pinner, our resident nurse, will answer any of your medical questions and concerns.

Bingo

Mondays & Thursdays

12:45 - 2:00 PM

Join us for your chance to win a FREE lunch.

Bingo Caller: Sol Markel

For Members Only

Dominoes & Other Games

Wednesdays

12:45 - 2:00 PM

Join us in the Senior Lounge after lunch.

Today's News

Thursdays • 10:30 - 11:30 AM

Engage in thought provoking discussions on current events. Join this peer led discussion group focusing on the headlines of today.

Facilitator: Walter Dubov

24 Hour Lunch Reservations

Ext. 3258

JCC Transportation Reservation Voice Mail

Ext. 3284

Lounge Ext. 3328

Esther Bethke

Administrative Assistant, Adult Services

Ext. 3258

ebethke@erjchouston.org

MITZVAH FUND

The Mitzvah Fund is a wonderful way to tell someone that you have remembered him or her. For a \$5.00 donation we will send an acknowledgement of your congratulations, condolences or wishes for a speedy recovery.

If you pay by check, please make the check payable to the ERJCC.

The Mitzvah Fund contributions appear monthly in the Courier.

EMERGENCY CONTACT FORMS

We urge you to stop by Esther's office with phone numbers handy so that you can complete the form in just a few minutes.

The form consists of basic demographic information and who to call in case of an emergency. It contains a place for you to list a nearest relative or friend to contact in case of an emergency, a doctor's name and phone number, preferred hospital, etc. The information will not be shared with anyone or published on any list. However, it will be kept in an alphabetical file so that we can easily retrieve it in the event of an emergency.

Thank you to those of you who have already completed the form.



MAY 2012

Please note that the menu is subject to change.

Tuna Salad Sandwich

Available on May 3, 9, 14, 18, 24, 30

Chicken Salad Sandwich

Available on May 2, 7, 11, 17, 23, 28

Egg Salad Sandwich

Available on May 4, 10, 16, 21, 25, 31

To make a lunch reservation, contact Esther at 713-729-3200 ext. 3258 or ebethke@erjccchouston.org before 3:00 PM the day before you plan on joining us.

\$2.50 ERJCC Member

\$5.00 to be our guest a couple of times

Mon	Tues	Wed	Thu	Fri
	1 Lentil soup, chicken salad sandwich, cole slaw, chips, dessert	2 Tomato rice soup, baked fish, sweet potatoes, spinach salad, fruit Book Club 12:45 PM	3 Minestrone soup, Salisbury steak, veggies, rice, dessert Today's News 10:30 AM Bingo 12:45 PM	4 Matzah ball soup, apricot chicken, veggies, mashed potatoes, dessert
7 Three bean soup, hot dog, corn, sauerkraut, fruit	8 Tomato rice soup, turkey sandwich, salad, cucumber salad, dessert	9 Vegetable soup, meatloaf, veggies, rice, fruit	10 Lentil soup, pasta marinara, veggies, salad, dessert Today's News 10:30 AM Bingo 12:45 PM	11 Matzah ball soup, pineapple chicken, veggies, mashed yams, dessert Shabbat Zahav at Noon
14 Chicken soup, stir fried chicken and veggies over rice, dessert Chat w/Mac 10:15 AM Bingo 12:45 PM	15 Mushroom barley soup, chicken salad sandwich, pea salad, beets and onion salad	16 Split pea soup, pasta with meatballs, veggies, dessert Lunch and Movie 12:45 PM	17 Cabbage soup, roasted turkey, veggies, yams, fruit Today's News 10:30 AM Bingo 12:45 PM	18 Matzah ball soup, baked chicken, potato kugel, veggies, dessert
21 Chicken vegetable soup, meatballs w/noodles, veggies, fruit Chatw/Mac 10:15 AM Jewish Learning w/Nomi 12:15 PM Bingo 12:45 PM	22 Mushroom barley soup, egg salad sandwich, spinach salad, dessert	23 Lentil soup, baked potato w/chili, veggies, fruit	24 Split pea soup, meatloaf, mashed potatoes, veggies, dessert Today's News 10:30 AM Bingo 12:45 PM	25 Matzah ball soup, oven fried chicken, veggies, kasha bowties, dessert Shabbat Dinner 6:00 PM
28 ERJCC Closed Shavout	29 Sweet potato soup, egg salad sandwich, salad, potato salad, dessert	30 Chicken barley soup, chicken legs mashed potatoes, veggies, fruit	31 Tomato vegetable soup, chicken thigh, black bean salad, cucumber salad, dessert Today's News 10:30 AM Bingo 12:45 PM	