



EVELYN RUBENSTEIN JCC
HOUSTON

Begins October 27

Indoor Pool Hours

Indoor Pool

Monday—Thursday	5:00 AM—4:30 PM 5:30 PM—8:00 PM
Friday	5:00 AM—5:30 PM
Saturday	8:00 AM—5:00 PM
Sunday	8:00 AM—6:00 PM

Aquatic Fitness Classes

Mon./Wed./Fri.	7:15 AM—8:00 AM	Deep Water Fitness
Mon./Wed./Fri.	9:00 AM—9:45 AM	Water Fitness 60+
Tuesday & Thursday	9:15 AM—10:00 AM	Water Fitness

Coogs Master Swimming Program

All facility members (Health, Sports & Fitness, Tennis and Tennis Elite) are welcome to join our Masters Swimming Program at no additional monthly cost to your membership. Register at <http://www.usms.org/reg/register.php>. For local use “Gulf.”

Monday—Friday	11:30 AM—1:00 PM	Merfish Teen Center
Monday & Friday	6:00 AM—7:30 AM	Merfish Teen Center
Tuesday & Thursday	5:00 AM-6:30 AM 7:00 PM—8:30 PM	Merfish Teen Center Merfish Teen Center

The most up to day pool schedule is always available online at erjcchouston.org.
Contact Lee Hutchens for more information lhutchens@erjcchouston.org.



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erjcchouston.org