ON GOING ACTIVITIES

Nurse’s Hours 10:30 AM – Noon
Monday & Wednesday
Janet Pinner, our resident nurse, will answer your medical questions and concerns.

Bingo 12:45 PM – 1:45 PM
Monday & Wednesday
Join us for a chance to win a FREE lunch.
March 25—BINGO Caller– Stephanie Barrocas with The Medallion Assisted Living Residence
March 30– BINGO Caller– Linda Ness with Brookdale Galleria

Bridge at the J
Tuesday & Wednesday | 11:00 AM - 2:00 PM
Do you enjoy bridge? If so, please join us for weekly bridge games every Tuesday and Wednesday. For more information, please contact Walter Arnold at 281.497.3208, 281.380.0568 or walterm@ubcglobal.net.

Great Books Discussion
Tuesday, March 18 | 10:00 AM
Great Books discussion groups are lively, friendly, sometimes contentious - and a good deal of fun. Participants challenge their own and others’ beliefs and opinions in the light of a rich, thought-provoking text.

Loaves of Love
Wednesday, April 29 | 12:45 PM
Join the Torah Day School students for lunch and challah baking. You will take home a challah and one challah will be sent to the homes of our Kosher Meals on Wheels clients. Lunch will be served at Noon and challah baking will begin at 12:45. RSVP is required, please contact Morgan at 713.595.8170.

Book Club
Join us monthly for friendly and thought-provoking discussions on books of Jewish content or by Jewish authors. The book club meets at 12:45 in room 2A on the first floor of the J. For more information, please contact Morgan at msteinberg@erjchouston.org
March 2– From Sand and Ash by Amy Harmon
April 6– The Storyteller by Jodi Picoult
May 11– Diary of a Lonely Girl, or The Battle against Free Love by Miriam Karpilove
June 1– The Teacher by Michal Ben-Naftale
July 13– On Division by Goldie Goldblom

CENTER FOR SENIOR SERVICES

ADULT PROGRAMS

FILMS AT THE J!
March 2020

From Slavery to Freedom
Thursday, March 5 | 1:00 PM | 84 minutes | Russian subtitles English
In 1977, Natan Sharansky, a famous human rights activist, was arrested on charges of spying for the USA, treason and anti-Soviet agitation. Revisit a Soviet era where there was an overwhelming sense of fear and insecurity in the face of the system. This program is sponsored by The Medallion Assisted Living Residence and Seven Acres Jewish Senior Care Services.
$6.50 Member | $9.50 Public

Fiddler: A Miracle to Miracles
Friday, March 27 | 1:00 PM | 90 minutes | English
Fiddler chronicles the life, themes, and origin story behind one of Broadway's most beloved musicals, Fiddler on The Roof, and its creative roots in early 1960s New York, when "tradition" was on the wane as gender roles, sexuality, race relations and religion were evolving. For the first time, intimate interviews with the show's creators reveal how the tremendous success and worldwide impact of Fiddler and its subsequent film adaptation is most appropriately viewed through the lens of the social upheaval and change in mid-20th century America.
$8 Member | $12 Public

Lunch with Friends
Enjoy music from the Fiddler on the Roof soundtrack and a delicious lunch with your friends before you see the film, Fiddler: A Miracle of Miracles. Lunch will be served at Noon and includes Matzah Ball soup, roasted chicken, cabbage and rice. Reservations for lunch are required, please contact Morgan at msteinberg@erjchouston.org.
$4 Member | $6 Public

Celebrating 16 Years of the Best Jewish and Israeli Films
March 21-April 1, 2020
New promising, entertaining and exceptional award-winning films are featured in this annual festival, which brings Jewish lives and stories to the big screen. With venues across town, the Festival, now in its 16th year, shines the spotlight on Jewish and Israeli culture, art and history. Pick up a Film Festival brochure from the front desk!
LUNCH

Lunch is served at Noon in the board room on the main floor. Lunch reservations need to be made by 1:00 pm two days before you plan to join us for lunch. Walk-ins are welcomed but are not guaranteed the meal that is on the menu. We can accommodate walk-ins with a tuna sandwich.

Reservations Contact: Esther, 713.595.8186  $4 Member | $6 Public

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<thead>
<tr>
<th>Monday</th>
<th>Wednesday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>2 Zucchini soup, Salad Bar</td>
<td>4 Cauliflower soup meatloaf with sauce, mashed potatoes, vegetables</td>
<td>6 Matzah ball soup, broiled salmon, pesto pasta, vegetables</td>
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<td>9 Tomato soup, brisket, veggies, hamantaschen</td>
<td>11 Mushroom barley soup, Falafel, hummus, tahini, tomato, cucumber salad, pita break Schmooze with the Shlacha!</td>
<td>13 Matzah Ball Soup, chicken schnitzel, rice, vegetable</td>
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<td>Purim Lunch with Pre-K students</td>
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<td>16 Broccoli soup Salad Bar</td>
<td>18 Health sandwich (pesto, avocado, cheese and greens), bean salad, chips</td>
<td>20 Matzah ball soup, Breaded fish, pesto pasta, vegetables,</td>
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<td>Lunch will be held in the senior lounge</td>
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<tr>
<td>23 Cauliflower soup Salad bar</td>
<td>25 Butternut squash soup, Spaghetti and meatballs, vegetables</td>
<td>27 Matzah ball soup, Roasted chicken, cabbage</td>
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<tr>
<td>30 Vegetable soup, Salad Bar</td>
<td>April 1 Broccoli soup, bagel, lox, tomato, cucumbers,</td>
<td>April 3 Matzah ball soup Lemon tilapia, rice, vegetables</td>
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LIFELONG LEARNING

George Washington, Robert E. Lee and the Arlington National Cemetery

Wednesday, March 18 | 10:00 AM-11:00 AM

Last year Wesley E. Wright brought George Washing to life for us with his extensive knowledge about his life. We felt like we were in the room with George. On Wednesday, March 18 at 10:00 am, Mr. Wright will join us again and this time to share with us how the lives of George Washington and Robert E. Lee intersected resulting in the creation of the most famous cemetery in the United States of America.

Listening and watching Mr. Wright speak about General George Washington is an unique learning experience.

Wesley E. Wright is a native Houstonian, and has been practicing law in the Houston area since 1982. He is a graduate of the University of Houston and South Texas College of Law.

$8 Member | $12 Public
This program is sponsored by The Village of Meyerland and the Village of Tanglewood.

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ARTS IN THE AFTERNOON

We are proud to offer the community a wide variety of daytime cultural events. Experience a world of culture through films, dance and music performances and book signings with best-selling and emerging authors.

Author Judith Viorst | Nearing Ninety: And Other Comedies of Late Life

Monday, May 4 | 1:00 PM
Kaplan Theatre

The newest illustrated poetry collection in best-selling author Judith Viorst’s “decade” series, explores with wisdom and humor, what it means to be an impending nonagenarian. Accompanied by Laura Gibson’s whimsical illustrations, Nearing Ninety’s amusing and touching reflections make this collection relatable to readers of all ages.

Viorst is the author of the beloved Alexander and the Terrible, Horrible, No Good, Very Bad Day; the Lulu books; the New York Times bestseller Necessary Losses; four musicals; and poetry for children and young adults.

Author Talk Only
$6 Member | $9 Public

Author Talk Plus a Copy of the Book, Nearing Ninety: And Other Comedies of Late Life
$17 for Member / Public

Soup & Salad Bar Lunch
Monday, May 4 | Noon
Before you hear Judith Viorst speak, join us for a Soup and Salad Bar in the Board Room. Reservations are required, please contact Morgan at msteinberg@erjcchouston.org.
$4 Member | $6 Public

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DANCE

An Evening with Ido Tadmor and Open Dance Project Company
Saturday, March 7 | 8:00 PM
Fresh and original innovative showcase of exhilarating works when Ido Tadmor, choreographer/dancer, and Annie Arnoult’s Open Dance Project, a Houston-based contemporary dance theater company, share the stage in a public concert. A highlight of the evening will be a piece commissioned by Dance at the J for Ido Tadmor to set on Open Dance Project. In addition, Open Dance Project will perform “Stalemate.”

Ido Tadmor, former Artistic Director of Israel Ballet, is an internationally acclaimed dancer-choreographer who has performed with legendary companies Bat Dor, Ba Sheva, Lar Luvovitch, and Complexions. He represented the state of Israel around the world as the country’s “Ambassador of Dance” for more than three decades.

Open Dance Project is a professional dance theater company that delivers world-class performance experiences in Houston and partners with schools and organizations to empower children and strengthen our community through dance.

Underwritten by: Karen and Marty Skolnik
Sylvia and Jerry Wilkenfeld
$20 Member | $30 Public | $16 Student/Senior

Great Tappers from the Golden Age of Hollywood: Fred Astaire, Gene Kelly and Ann Miller

Sunday, March 15 | 4:00 PM
Lecture and Video Presented by Debra Dickinson
The Golden Age of Hollywood was the era of extraordinary tap dancing. Suave Fred Astaire, athletic Gene Kelly, and rapid-fire Ann Miller were among the pantheon of stars that made tap an audience favorite. This lecture will explore the work and lives of these famous stars, complete with videos of their most exciting performances.

Debra Dickinson’s performing credits include Broadway and regional theaters; she appeared as Guenevere in Camelot opposite both Richard Burton and Richard Harris, and Jellylorm in the German language production of Cats in Vienna. Ms. Dickinson teaches the Opera Workshop classes at the Shepherd School, in addition to classes in the History of Musical Theater in the theater department and the School of Continuing Studies of Rice.

Patron Sponsors: Vicky and Michael Richker
$10 Member | $15 Public

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**THE MITZVAH FUND**

The Mitzvah Fund is a wonderful way to tell someone that you have remembered him or her. For a $5 minimum donation, we will send an acknowledgement of your congratulations, condolences or wishes for a speedy recovery. To make a donation to the Mitzvah Fund, contact Esther at 713.595.8186.

**CONTACT US**

Morgan Steinberg, Adult Department Director  
713.595.8170 | msteinberg@erjchouston.org

Esther Bethke, Administrative Assistant  
713.595.8186 | ebethke@erjchouston.org

Maxine Silberstein, Adult Art and Dance Class Coordinator  
713.551.7217 | msilberstein@erjchouston.org

Kari Stein, Meals on Wheels Coordinator  
832.408.3532 | kstein@erjchouston.org

JRide Reservations  
713.595.8191 | erjchouston.org/JRide

Judy Weil, Adult and CJLL Program Assistant  
713.595.8173 | jweil@erjchouston.org

**ADULT LOUNGE**

The Adult Lounge has a comfortable, relaxing atmosphere that is great for playing Mah Jongg or other games and socializing with friends. You can find fun games to play, Mah Jongg sets and plenty of books to borrow to read. Most mornings complimentary coffee is available. Please let us know if you have any questions about using the lounge. This space is for you!

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**ART**

**Arts & Crafts**

Reconnect with your creative side and explore the exciting world of arts & crafts. There will be two projects each month, and there is no charge for the program. Pre-registration is required for all Arts & Craft classes. Please contact Morgan Steinberg at msteinberg@erjchouston.org or 713.595.8170 to sign up for a class.

**Daisy Painted Rocks**

Wednesday, March 4 | 10:00 AM  
Instructor: Susan Wingfield

Have some fun with rock painting! We’re going to learn simple ways to paint rocks. You can put them in your flower beds to liven them up, use them as paperweights, or simply have them around the house as decorative objects that YOU made!

**Woven Yarn Baskets**

Wednesday, April 1 | 10:00 AM  
Instructor: Susan Wingfield

Have you ever wondered how those little yarn baskets are made? Well, come to the Art Room 106 and find out!

**Deutser Art Gallery**

Our Deutser Art Gallery is a non-profit exhibition and education space created to promote awareness, appreciation and interest in visual arts, reflecting the diversity of the Jewish people.

**Adult Visual Arts Showcase**

February 28 - April 3  
Reception | Sunday, March 15 | 2:00 PM

The Adult Spring Visual Arts Showcase celebrates the work created by the painting/drawing and ceramic students at the J. Students develop their artistic talents in the J’s classes that incorporate their interests.

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