



Food Allergy Notice

We recognize that food allergies are a concern for children.

We recommend and request that the following foods **NOT** be brought into the babysitting room to accommodate those with allergies and sensitivities:

Nuts and Legumes:

Peanuts	Brazil nuts	Chestnuts
Pecans	Cashews	Beechnuts
Almonds	Walnuts	Hazelnuts
Macadamia nuts	Pistachios	Pine nuts

Nut mixes

Peanut butter or other nut butters including Nutella

Crackers with peanut butter or other nut butter filling

Granola bars or muesli bars that contain nuts

Trail mix or fruit mix with nuts

Cereal with nuts (i.e. Honey Nut Cheerios)

Candy bars containing nuts

Baked goods containing nuts or nut products

Peanut oil or anything cooked in peanut oil

Nut extracts or products with nut extracts (i.e. almond extract)

Foods or snacks with labels that say “Contains or may contain peanuts or tree nuts”

Foods or snacks with labels that say “Processed in a facility that uses peanuts or tree nuts”

We ask that parents confirm that their children’s snacks follow the above guidelines and that they are not bringing in any snacks listed above.

Thank you for your help and understanding and we appreciate your cooperation.