



Parent Information Series

#3 – Food at Camp

What to pack each day:

- A labeled **nut-free** morning snack. **Camp BAM! and Kinder Campers should pack two snacks.**
- A labeled **nut-free** lunch in its own bag.
- A labeled reusable water bottle.
- The J **does not** provide snacks for day campers. Lunches and snacks are stored in separate spaces, so please pack them in separate bags.

What the J provides:

- Challah on Fridays.
- A kosher snack **only** for campers staying for PM Care. You are welcome to pack an afternoon snack if your camper prefers. **Camp Bami PM Care campers must bring their own snacks.**
- During special camp days, additional treats and snacks may be offered to campers (all kosher).

Other things to remember:

- Lunch can be purchased from Laykie's Café. Please submit the lunch form found below and make payment directly to the café. You must submit the form each week on **the Friday before** camp begins.
- Campers will not be able to purchase food from the café that has not been preordered on the lunch form. Campers in PM Care **cannot** go to the café in the afternoons to purchase snacks.
- We love to celebrate birthdays at camp! If your child has a birthday during camp, please reach out to the camp director to set up a time for a birthday treat. You are welcome to send in a nut-free, kosher, pre-packaged birthday snack.

If you have questions about food at camp, please contact the camp office at mbell@erjcchouston.org.



J Camps Lunch Options | \$10 per day

Each lunch comes with fruit or a cookie and juice or water.

Main (Choose One)

- Tuna sandwich on fresh baguette
- Turkey sandwich on fresh baguette
- Mini cheese pizza
- Bagel pizza
- Pasta with sauce and cheese
- Hot dog
- Greek salad
- Caesar salad

Dessert (Choose One)

- Cookie
- Fruit

Drink (Choose One)

- Bottled water
- Juice

PLEASE FILL OUT A SEPARATE FORM FOR EACH CAMP WEEK

All orders must be placed in advance by returning this form to:
laykie@erjcchouston.org by the **Friday BEFORE** the camp week begins.

Camper's name:

J Camps attending this week:

Parent's name: _____

Parent's cell: _____

Order for the week of (insert dates) Monday _____ to Friday _____

Day	Main	Dessert	Drink
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			

Please make checks payable to Laykie's Gourmet, or call us with your credit card information.

Café 832-408-3516 | Laykie 713-283-4030