



Forms and Required Information

All required J Camps forms can be accessed by logging into your J account at <https://erjcc.force.com/s/login/>. Forms are required for each session, but responses will be saved to make future completions easier. **All camper forms are due on May 5, 2025. A camper with incomplete forms will not be allowed to start camp and will be withdrawn without a refund. Campers who register after May 5 will have 72 hours to complete their forms or be withdrawn without a refund.**

Prior to attending J Camps, each camper must submit a current health history form that includes:

- **Allergies and Dietary Restrictions:** A record of any allergies (food, environmental or medical) and dietary restrictions.
- **Medications:** A list of all current medications, including prescribed and over-the-counter drugs.
- **Past Health Treatments:** Information on significant past treatments or medical conditions.
- **Immunizations:** A signed statement confirming all school-required immunizations are up to date, including the date of the last tetanus shot. Acceptable documentation includes physician statements, government reports or school records.
- **Current Conditions:** Descriptions of any physical, mental, emotional or social health conditions, including treatments or restrictions.
- **Activity Restrictions:** Identification of camp activities the camper should be exempt from for health reasons.
- **Permission to Treat:** Signed permission to provide routine healthcare, administer medications and seek emergency services.

Emergency Contact Information

J Camps requires the following for all campers:

- Full name and birth date.
- Home address.
- Name, address and phone number of the parent/guardian (including business and cell numbers).
- Emergency contact information for additional individuals.

Camper Health and Wellness Policy

At J Camps, we are committed to maintaining the health, safety and well-being of all campers, staff and visitors. This policy ensures compliance with the highest standards of health and safety, including addressing special health needs to create an inclusive environment for all.

Parent/Guardian Notification

J Camps will provide parents/guardians with:

- A written description of situations in which they will be notified of illness or injury.
- Documentation of all notifications or attempts to notify parents/guardians.

Emergency Equipment and Procedures

J Camps ensures access to required healthcare equipment, including automated external defibrillators (AEDs), within the recommended timeframe and staffed by trained personnel. Emergency healthcare procedures are shared with all necessary personnel.

Medication Storage and Administration

- All medications are stored under lock except when controlled by authorized personnel.
- Prescription drugs are administered only under licensed prescriber directions by the camp nurse.
- Nonprescription drugs follow written procedures or parental instructions.
- Life-saving medications (e.g., inhalers, EpiPens) may be carried by campers or staff as necessary.
- Camp BAM! campers may require additional forms per Texas State Licensing.

Recordkeeping and Reporting

J Camps maintains:

- Permanent records of health incidents, including dates, descriptions, treatments and personnel involved.
- Reports of all incidents requiring professional medical treatment.

First Aid Kits

Stocked first aid kits, including personal protective equipment, are readily available at:

- Aquatic areas.
- Specialized activity areas.
- Out-of-camp trip locations.
- Food service areas.
- Camp vehicles.

Accident and Injury

All staff are certified in first aid, CPR and AED use. If a camper is injured, first aid will be administered on-site and parents will be notified by the camp nurse or director. If the injury requires more than basic first aid:

- 9-1-1 will be called, and the camper will be transported to the hospital at the discretion of emergency responders.
- Parents will be notified immediately.
- If you cannot arrive before the ambulance leaves, a J Camps staff member will accompany your child to the hospital.

Food Allergies

J Camps is a **nut-free camp**. Please do not send food containing nuts for lunch or snacks.

- Complete the allergy section of the camper forms.
- If your child requires an EpiPen, send it to camp in a labeled container. It will stay with the camper throughout the day.

Inclusion

At J Camps, we value each camper's unique needs and are committed to their social and emotional well-being. As part of the J's commitment to inclusion, we have a seasonal inclusion director on our J Camps staff. **Dalia Lasky** is returning for her second summer as our **inclusion director** and will hire and train dedicated aides to create personalized inclusion plans, ensuring every child feels supported and successful. She will serve as a resource for staff and will keep parents informed about any challenges. For questions or concerns, contact Dalia at campercare@erjchouston.org.

The J Camps inclusion program is generously underwritten by the Cyvia and Melvyn Wolff Family Foundation Endowment Fund and the Lillian Kaiser Lewis Foundation.

OT and Speech Therapist Policy

Campers may continue to see their OT or speech therapist while at camp. Space and time slots are limited, so please contact the camp director to schedule a session. Only licensed therapists are permitted at camp.

Sunscreen and Bug Spray

Campers should arrive at camp with sunscreen and bug spray already applied.

- Campers can bring labeled sunscreen and bug spray to camp.
- Staff will help younger campers reapply if needed.
- Sunscreen and bug spray cannot be shared between campers.

Behavior Policy

J Camps is committed to providing a safe, supervised and fun experience for all campers. While minor behavioral issues are a normal part of camp, more severe behaviors—such as intentional kicking, unprovoked hitting, biting or bullying—will result in the following steps:

- **First Incident:** Parents will receive a phone call from the camp director explaining the situation and reviewing the behavior policy.
- **Second Incident:** Parents will receive another call, and a behavior modification plan will be developed. A one-day suspension (without refund) may be issued.
- **Third Incident:** A third incident may result in further suspension or immediate expulsion from camp without a refund.

Parents of all campers involved in an incident will be contacted to ensure transparency and proper handling. Please discuss appropriate camp behavior with your child.

Security

Safety and security are top priorities at J Camps:

- All visitors must have Brivo access or provide ID at the front desk.
- Campers will only be released to individuals listed on the authorized pick-up list.
- **Bag tags** will help identify campers' belongings and expedite carpool.
- Carpool tags will be mailed in early May. Campers will not be released without a visible tag.
- Cars without a tag in the carpool line will be asked to park and show ID to pick up their camper.