



FOOD MENU



SALADS

Greek Salad 9.50

Romaine, Black Olives, Tomatoes, Cucumber, Feta Cheese, Lemon Oil Dressing

Caesar Salad 9.50

Romaine, Egg, Croutons, Cherry Tomatoes, Parmesan, Parmesan Dressing

Garden Quinoa Salad 12.75

Quinoa, Sweet Potato, Feta, Mixed Greens, Light Balsamic Dressing

Salmon On Salad 15

Roasted Salmon, Romaine, Quinoa, Chick Peas, Craisin, Carrot, Creamy Dressing

Falafel Salad 13.50

Falafel Sticks, Romaine, Roasted Eggplant, Spiced Chick Peas, Pickle, Egg, Tehini Dressing

Southwest Salsa Salad 9.50

Romaine, Tomatoes, Corn, Black Beans, Spicy Chips, Salsa Dressing

Tuna Scoop 3.75

Solid White Tuna With Mayonnaise and Spices

Protein Box 10

Cheese Cubes, Egg, Fresh Cut Up Vegetables with French Dressing



Chef Chicken Salad 15.50

Romaine, Tomato, Peppers, Egg, Cucumber, Grilled Chicken, Honey Mustard Dressing

SOUP OF THE DAY 3.75/5.75

small / large

SANDWICHES

tuna salad on baguette . egg salad on pretzel bun - 9
omelette on sourdough baguette . health sandwich on 9-grain bread



turkey sandwich on baguette - 12.50
chicken wrap - 15
turkey wrap - 15

PANINIS

Pizza Panini 12.50

mozzarella, marinara

Laykie's Special 12.50

eggplant, sweet potato, pesto, feta

Tuna Melt Panini 12.50

tuna, muenster

Truffle Mushroom Avocado Toast 13.75

truffle mushroom spread, avocado, sun-dried tomato on 9-grain bread



meat products are produced in a separate meat kitchen

M E A L S

Baked Ziti	7.75
Eggplant Parmesan	8.75
Mac and Cheese	7.75
Cheese Lasagna	7.75
Mini Pizza	4
Pizza Bagel	4
Cheese Pretzel	5

S I D E S

Blintzes	6
Fruit Cup	3.25
Parfait	6
Calzone	4
Knish (Potato or Spinach)	5
Boureka (Mushroom, Potato, Cheese)	5.50
Cream Cheese	1.35

P A S T R I E S

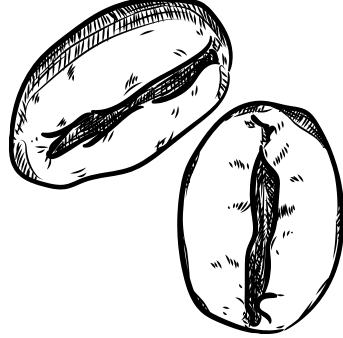
Muffins	3	Large Danish Chocolate	5
Jumbo Cookie	4	Croissant	5
Blondie	4	Bagel	1.75
Scone	5	Montreal Cheese "Bagel"	4
Large Danish Cheese	5	Mini Cupcake	1.50
Large Danish Cinnamon	5		

S N A C K S

Deep River Chips	2.25	Kind Bar	2.49
Terra Chips	2.25	Nutrition Nuts	2
Lays Chips	1	Box Drink	.75
Pringles	1	Apple Sauce	.75
Popcorn	2	Fruit Roll Up/Fruit By The Foot	.75
Nugo Bar	2.99	Sour Punch	1.99
Bobo's Oat Bar	2.99	Air Heads	1

D R I N K S

Can Soda	2	Snapple/Vitamin Water/Perrier	2.75
Bottle Soda	2.50	Orange Juice/Apple Juice	2
Powerade/Gatorade	2.75	Water	2



C O F F E E

Hot Coffee

medium 2.85
large 3.85

Americano

medium 2.85
large 3.85

Espresso

espresso/double shot 2.50
extra shot espresso 1

Iced Coffee/Cold Brew

medium 3.95
large 4.95

Latte (Hot or Cold)

medium 3.95
large 4.95

Cappuccino

medium 3.95
large 4.95

Hot Chocolate

medium 3.95
large 4.95

Cafe Mocha

double shot espresso with chocolate syrup,
steamed milk, cocoa powder 4.95

Iced Cafe Mocha

medium 4.95
large 5.95

Hot Tea

2.85

London Calling

earl gray tea, vanilla syrup, steamed milk 4.95

J Booster "Shot"

ginger turmeric tea, honey, steamed milk,
cinnamon 4.95

Chai Latte (Hot or Cold)

4.95

Add Flavor

.50

Add Whip Cream

1

Frappe/J-Chino

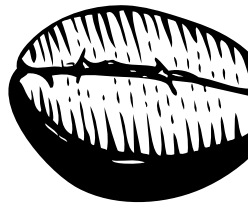
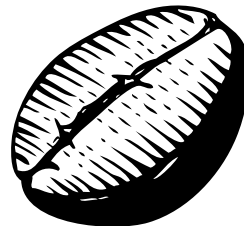
6.75

Granita

5.25

Katz Coffee Bag

12



Just enjoy

coffee time

